

# STANDING THE WATCH: The Greatest Gift

R. J. Brown

TAKING CARE OF OUR PARENTS IS NO WALK IN THE PARK

## STANDING THE WATCH THE GREATEST GIFT



R. J. BROWN

"A profound testimony and tribute filled with grief, love and courage while narrating a terrible trial. Standing The Watch is very highly recommended reading for anyone charged with the caring for a terminally ill parent." Midwest Book Review

Continuing its tradition of bringing engaging books before the reading public, Big River Press proudly presents R. J. Brown's expanded second edition of her much-loved memoir **STANDING THE WATCH: The Greatest Gift**.

**Standing The Watch** at a home death is no walk in the park: it can be frightening, time-consuming, worrying, and often unpleasant yet it's also fertile ground for courage, discipline, spirituality, compassion, humor and love.

Lincoln Brown, at the age 89, is given just three months left to live. He chooses to return to his cabin in the Olympic Peninsula rainforest where he can die in his own bed, cared for by his son and daughter-in-law.

Weaving excerpts from her medical log with e-mails, essays and useful lists, R. J. Brown shares what it took to **Stand The Watch** for her beloved Poppa's final days.

So who has the time to waste waiting for someone to die? There's nothing money can buy that gives more comfort, for in **Standing The Watch**, you are in the pulse of life.

And the greatest gift? It goes both ways: you giving of your strength and caring, with the understanding that this time it isn't about you, while your parents, for the last time, give you this once-in-a-lifetime experience.

If you've chosen to care for your parents in their final days, R. J. Brown's memoir offers answers to your questions, lists of useful things to know, and insights into your worries.

### Author Bio:

R. J. Brown emigrated from London to Chicago where she worked in the Civil Rights Movement with Rabbi Marx & Dr. King. On moving to the Pacific Northwest, she was Managing Editor of the *Townsend Letter for Doctors*, & then founded [www.rebeccasreads.com](http://www.rebeccasreads.com). She is now a contributing writer for the *Seniors Sunset Times* on the Olympic Peninsula where she lives with her husband, the suspense/thriller author D. H. Brown. She is at work on her first mystery **THE DEAD HUSBAND** & her next creative non-fiction entitled **RAIN FOREST LIVING: Sketches from a Northwest home**. The author's website is: <http://www.rjbrownbooks.com>.

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